

PO Box 2808 Prince George, BC V2N 4T6 Operations: (250) 561-9200 Fax: (250) 564-9200 www.stingerwelding.com

## **COVID-19 Prevention Measures**

In response to the global pandemic declared by the WHO (World Health Organisation) and the province of BC Canada regarding the state of emergency to the disease Coronavirus Disease 2019/COVID19. we have implemented the following measures to ensure the health and safety of all staff and visitors to our facility.

#### Health Verification of Workers and Visitors

The health and safety of staff and others is critical. We need to be vigilant and that includes monitoring for symptoms of COVID-19. Workers and visitors who are exhibiting symptoms of COVID-19, or are otherwise recommended to be in self-isolation or self-quarantine in accordance with recommendations of the Public Health Authority in British Columbia, are not permitted on any active project sites, our warehouse, shop, nor in our corporate office and should remain in a self-quarantine situation for at least 14 days from the date they were either exposed to COVID-19, or are confirmed as having contracted the virus.

Any workers or visitors intending to access the site must verify that they are free, to the best of their knowledge, of COVID-19 symptoms and related restrictions in accordance with Public Health Authority recommendations.

# Employees and visitors are restricted from entering the workplace including the office/shop/field if they have any of the following symptoms;

- Fever
- Sore Throat
- Loss of Appetite
- Chills
- Painful Swallowing
- Muscle Aches
- Cough (new or worsening)
- Abdominal Pain, Vomiting or Diarrhea
- Fatigue
- Shortness of Breath
- Loss of Sense of Smell
- Feeling Very Unwell
- Rash



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Supervisors must provide each day an attendance list of workers and visitors by name and phone contact. If there is a COVID-19 issue with anyone they have come in contact with, this information will be especially helpful in identifying and notifying those who have potentially been exposed.

#### **Physical Distancing**

Physical distancing is a technique to prevent the spread of COVID-19 by limiting close contact with others. The Public Health Authority recommends keeping a distance of 2 meters (6 ft.) from others.

#### Mask Wearing

Under the updated health and safety guidelines, masks are required for all staff. Even when wearing a mask, staff and visitors are still required to maintain physical distance from people

#### Hand Washing and Hand Sanitization

Hand washing minimizes the risk of transmission and infection. Proper hand washing helps prevent the transfer of infectious material from the hands to other parts of the body—particularly the eyes, nose, and mouth—or to other surfaces that are touched. Hands that are visibly soiled or dirty should be washed with soap and water for a minimum of 20 seconds. Please note that hand sanitizer is less effective on soiled or dirty hands.

Visitors are required to wash or sanitize their hands:

- before eating or drinking
- after using the toilet facilities
- after handling any tools or materials



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## Cough / Sneeze Etiquette

Visitors are expected to follow cough/sneeze etiquette to minimize the transmission of diseases via droplet or airborne routes. Cough/sneeze etiquette includes the following:

- Cover your mouth and nose with a sleeve or tissue when coughing or sneezing.
- Use tissues to contain secretions and dispose of them promptly in a waste container.
- Turn your head away from others when coughing or sneezing.
- Wash your hands after disposing of the tissues used.

### Project Offices/Trailers

Offices and trailers are off limits to people that do not have a valid need to be in them. The close quarters in an office or trailer may be a challenge to maintain physical distancing. Discussions will be held outside where practical or in areas where there is maximum access to fresh air and physical distancing requirements can be consistently met. If you are a visitor in an office or trailer - do not touch things - keep your hands in your pockets or to yourself.